



# From the Editor



Greetings! Fellow Rotarians,

July is the first month of the Rotary year, and also the month when the new leadership takes over. I've included the Installation of the President and the Office bearers of our club for the year 2025 - 26, which was on 27th June.

Creating a well rounded and engaging weekly Rotary Club bulletin involves collaboration among Club Leaders, Committee Chairs, and Members. It serves as a valuable communication tool, fostering a sense of community, camaraderie, and shared purpose among Rotary Club members. Please remember that club bulletins are also an engaging way to communicate with people close to your club. Considering making some of your content outward-facing to make these people feel welcome to engage further with the club

Yours in Rotary

**Rtn. Major Donor PAG K Janardanan Nair,**  
Editor, Club Bulletin – Centre of The Wheel



Who do you know who is remarkable - someone whose story to invite to our upcoming Rotary Club meetings. Think thought leaders, change makers or trailblazers in business, sports, innovation, public service or philanthropy. Take a quick scroll through your internet connections. You might spot someone you haven't thought about in a while who would be perfect. If someone comes o mind, please connect with our  
Rtn.Fl:Lt: Shibu Varghese at - shibujvc@gmail.com

# President's Message



Dear Fellow Rotarians,

I hope this message finds you well.

During last week's installation meeting itself we have achieved significant milestones, Key achievements, Service Projects, and new Initiatives. Looking ahead, we have exciting projects lined up and I encourage everyone to stay engaged and contribute their idea and efforts. Together, we embody the true spirit of Rotary – Service Above Self. Let's continue the journey with passion and purpose.

One of Rotary's key areas of focus for July is Maternal and Child Health – a cause close to all our hearts. Every day, far too many mothers and children face preventable challenges, from lack of proper medical care to malnutrition. As Rotarians, we have both the passion and the responsibility to make a real difference. This year, our club will be deepening its commitment to maternal and child health through a series of impactful projects. These initiatives will aim to provide better access to prenatal care, improve nutrition for young children, support safe childbirth, and educate families about healthy practices. Whether it's setting up health camps, distributing essential supplies, or partnering with local clinics, every action we take can help save lives and build stronger communities.

I encourage each of you to get involved – with your ideas, your time, and your unwavering Rotary spirit. Together, we can ensure that more mothers survive childbirth and more children live to reach their full potential. Let's use the Rotary Theme "Unite for good" to inspire members, participants and the public with an idea that aligns with our Action Plans to work together.

Yours in Rotary Service,

**Rtn.Col.Dr.K.E.Rajan**

President

# DISTRICT GOVERNOR INSTALLATION



Congratulations to our District Governor Rtn.Major Donor Dr.Tina Antoney who took off at the Installation function at Base 11, Convention Centre at Palai and started her new journey as DG.2025-26.

Heartfelt wishes from all the dedicated members of our Rotary Club of Trivandrum Central. We stand united with you, ready to support and stand by you every step of the way. Together we will realise our shared vision and work tirelessly to spread positivity and make a difference in our community.

Let's create magic together!



## What is your Rotary Club doing to focus on Maternal and Child Health in July 2024?

Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes.

At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation.

To help reduce this rate, we provide immunizations and antibiotics to babies, improve access to essential medical services, and support trained healthcare providers for mothers and their children. Your Rotary projects ensure sustainability by empowering the local community to take ownership of healthcare training programs.

# BRIEF REPORT ON OUR INSTALLATION CEREMONY

We all witnessed an impressive and well-attended installation ceremony held on June 27th at Hotel SP Grand Days. Rtn. Col.Dr.K.E.Rajan was installed as the 40th President of Rotary Club Trivandrum Central for the year 2025-26.

After collaring the President by Sergeant - in - Arms Rtn. PDG Suresh Mathew, the meeting was called to order by the President - Rtn. P.R.K.KARTHA. The invocation was gracefully done by Rtn.P.S.Rajan Nair, adding a solemn touch to the proceedings. Rtn. Flt: Lt: Shibu Varghese welcomed the gathering, which was followed by the presidential address. In his final speech as the Club President, he acknowledged the support of everyone and wished the new team 2025-26. He also honored Rtn.Ranjit Suseelan and Dr.S.Bijulal for becoming Major Donors and MPHF. He felicitated the outgoing Asst. Governor - Rtn. Major Donor. Ranjit Suseelan. Then the Secretary presented the report of activities of the club for the year 2025 - 26. Rtn.Dr.D.Mohanlal officially introduced our incoming President Rtn.Col:Dr.K.E.Rajan.

As an important part of the Installation Program, President Rtn. Kartha was disarmed by the Sergeant at arms. He then installed the new President Rtn. Col.Dr.K.E.Rajan by handing over the Club Charter, Collar, Gavel and gong along with the Presidential Pin. A significant gesture symbolizing the continuity and commitment of the club to its noble causes, they exchanged the seats.

President Rtn.Col Dr.Rajan adorned the Sergeant at arms Rtn.Gupta Chand adorning the armband and the pin. Following this President, IPP, Chief Guest, PAG and AG Dr.Baiju Balakrishnan, Secretary and the first lady jointly lit the traditional lamp which was followed by the acceptance speech, by our new President - Rtn. Col.Dr.K.E.Rajan. He thanked all the members for giving him an opportunity to lead the Club for the next one Rotary Year and assured everyone of upholding the core values of Rotary always. The Immediate Past President - Rtn. Capt.P.R.Kartha & his wife - Rtn.Suja Kartha were felicitated for their successful year of Rotary Service as the President. Then President Rtn.K.E.Rajan introduced and installed all his team of Office bearers. This was followed by a group photo session.

The President felicitated all the Charter members who are actively with us now. The installation copy of the Centre of the Wheel, our club Bulletin, was released by presenting a copy to the Chief Guest by the editor.

# BRIEF REPORT ON INSTALLATION CEREMONY - CONTD

As part of the installation day celebration, RCTC proudly unveiled several service projects totaling about Rs ten lakhs with the help of many of our members. They include

- 1] Donating Wheel Chair and medicines to Ananthakripa Charitable organisation
- 2] Distribution of Umbrellas, Rain Coat, School Bags and other study materials to the school children at Kottoor tribal village.
- 3] A wheel Chair was donated to Sri R.Jyothikumar, a differently abled individual from Karakulam Grama Panchayath.
- 4] An electric pump was provided for installing in a well at Kottoor tribal area providing clean water for the residence.
- 5] Proposal was initiated under District OPPOL project for an E-Auto to empower women drivers with an estimated amount of Rs.5 Lakhs.
- 6] Another proposal to install a Solar Power plant worth Rs.3 Lakhs for a financially backward family, in partnership with V Gaurd.

Continuing the programme our Chief Guest T.P.Sreenivasan was introduced by our member Rtn.S.K.Menon. This was followed by an informative talk by the Chief Guest. Rtn.V.Balagopal presented the memento.

Felicitation was done by Rtn.Suresh Mathew, Rtn.PAG.Ranjit Suseelan and the present AG.Dr.Baiju Balakrishnan.

The MCs for the evening, Rytn. Lakshmi Shasikumar and Rtn.Manju Thampi handled the event flow smoothly. The program was well attended by 40 members of RCTC and their families and a good number of visiting Rotarians and guests.

Before the meeting came to a close vote of thanks was done by the Secretary Rtn.Prem Kumar Thampi, followed by national anthem jointly sung. Finally the President Rtn.Col.Dr. Rajan adjourned the meeting and requested all to joint for the fellowship and dinner.

# INSTALLATION IN PICTURES

## Lighting the lamp



## Welcoming the Delegates



## Releasing the Club Bulletin



# INSTALLATION IN PICTURES

## New Board members



# INSTALLATION IN PICTURES

## Honouring the Charter Members



## Inauguration of Service Projects



# INSTALLATION IN PICTURES

## Address by Chief Guest



## Felicitations



# INSTALLATION IN PICTURES

## Master of Ceremony



## Entertainment





## JULY

Rytn.Ann Amma Panicker - 10th

Rytn.Ligy Thomas - - - - 10th

Rtn.Dr.K.L.Jayakumar - - - 12th



## JULY

Rtn.K.P.Sathyapal & Rytn.Manju -10th

*Rotary changes us  
and those we serve.  
I believe we can change the  
world one life at a time.*

*Paul Harris*



**"If I cannot do great things, I can do small things in a great way."  
—Martin Luther King, Jr.**

**MORE YOU CELEBRATE YOUR LIFE, THE MORE THERE IS IN LIFE TO CELEBRATE**

# LAUGHTER - THE BEST MEDICINE

## Dear God...

This is a story of a man who worked at the post office. His job was to process all mail items that had illegible addresses.

One day a letter came to his desk, addressed, in shaky handwriting, to God. He thought, "I better open this one and see what it's all about."



So he opened it and it read: "Dear God, I am an 83-year-old widow living on a very small pension. Yesterday someone stole my purse. It had a hundred dollars in it which was all the money I had until my next pension check."

"Next Sunday is Easter, and I had invited two of my friends over for dinner. Without that money, I have nothing to buy food with." "I have no family to turn to, and you are my only hope. Can you please help me?"

The postal worker was touched, and went around showing the letter to all the others.

Each of them dug into his wallet and came up with a few dollars. By the time he made the rounds, he had collected 96 dollars, which they put into an envelope and sent over to her.

The rest of the day, all the workers felt a warm glow thinking of the nice thing they had done.

Easter came and went, and a few days later came another letter from the old lady to God.

All the workers gathered around while the letter was opened. It read: "Dear God, How can I ever thank you enough for what you did for me?"

"Because of your generosity, I was able to fix a lovely dinner for my friends. We had a very nice day, and I told my friends of your wonderful gift. "

"By the way, there was 4 dollars missing. It was no doubt those thieving bastards at the post office."

# Letters to the Editor

Happy to know that you are once again taking over as the editor of our renowned club bulletin, "Centre of the Wheel". You have been the heartbeat behind many successful editions of COW in the past, and it's no surprise that COW has earned several awards and recognitions from the District. Your dedication and passion as an editor are truly admirable. With a sharp eye for detail and a deep understanding of Rotary, I am sure you will continue to bring out each issue of COW on time, thoughtfully curating content from various Rotary archives and beyond. A club bulletin is more than just a newsletter; it's the lifeline that connects your Rotary family, keeps us informed, and reflects the spirit and vibrancy of our club.

My best wishes

**Rtn.PDG.Suresh Mathew**

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It gives me immense joy and pleasure to write a few words in appreciation your recently published magazine With the release of this very first edition—dedicated to the installation of the new office bearers of our club—you have not only set a high benchmark but also woven elegance, clarity, and creativity into every page.

To take up the responsibility of being an editor is no small task. It requires a discerning eye, a deep sense of aesthetics, and an ability to bring stories to life. In your debut itself, you have demonstrated all of this and more—with professionalism, and a genuine love for the craft.

I congratulate you wholeheartedly and look forward to many more editions like this.

**Rtn.G.N.Nair**



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